



Risk Mitigation

Name

The club have taken several measures in order to reduce the risk of infection spreading within the club. We aim to keep Oval Park a “bio-secure environment”. In order to achieve this, we will need the co-operation of everyone within the environment.

Please read the below carefully to ensure you are fully informed on your part in the process.

Social Distancing:

Training will be set-up to allow you to maintain social distancing. Please adhere to guidelines and keep socially distanced at all times.

Hygiene:

The easiest way to kill the virus is through adequate hygiene. You will be expected to wash your hands before you leave home, before you enter the training ground, before you leave the training ground and at regular intervals while at the training ground. Please also refrain from touching your face and wash equipment following use.

PPE:

A facemask is essential while indoors, it’s not just for your protection. If you would prefer to wear your own re-usable face-mask, that is also permitted. A disposable facemask, gown and gloves are available for anyone who requests them. If for any reason social distancing must be broken for any other reason a mask must be worn

Test and Trace:

The Test and Trace programme was recently launched by the government. If you have a confirmed case of COVID-19, you will be automatically contacted by the programme and advice will be given about contact tracing. Important considerations in our environment are that we are all socially distancing apart from exceptional circumstances which are for medical treatment. Therefore, it must be made clear that if there is an occurrence of a positive test, this is clearly explained to the contact tracer

Pre-Training Screen:

In an attempt to reduce the risk of somebody with COVID-19 entering the training ground, we will be screening players and staff before they enter the training ground. The screening consists of two parts:

- Symptom Checking: To be completed before entering the training ground.
- Temperature Check: Temperature check will be performed at the gate to ensure it is below 37.8 degrees.

Travel Policy:

Travel to work by car or walking. Do not lift-share with anyone outside your household. Do not take public transport. Clean your car regularly.

Kit Policy:

Travel to training in your kit. Wash kit on a hot temperature at the end of every day.

Allocated Entry Times:

You will have allocated entry and exit times to the training ground. This will limit your time in the training ground and your contact with others. **Entry to the training ground will be denied if you arrive late.**

Restricted Access:

Access will be denied to all non-essential areas of the training ground including but not restricted to: changing rooms/canteen/coffee room/**offices**.

Food, Supplements and Drink:

Refreshments will not be available at the training ground. Please keep any food consumed to a minimum and necessary only.

Development of symptoms when at the ground:

If you develop symptoms when at the ground, you should immediately inform one of your coaches. If you are well enough to travel home, you should return to your car as quickly as possible ensuring not to touch anything and keep social distanced at all times. If you are not well enough, you will be chaperoned to an isolation room.

I understand the importance of the above risk mitigation strategies. I understand and accept my role in adhering to these policies.

Signed: _____

Date: _____